

## TRUE RESULTS

BEFORE



AFTER



4 truFlex treatments

PHOTOS COURTESY OF CUTERA, INC.

BEFORE



AFTER



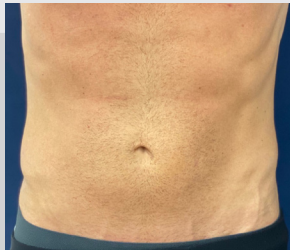
4 truFlex treatments

PHOTOS COURTESY OF CUTERA, INC.

BEFORE



AFTER



4 truFlex treatments

PHOTOS COURTESY OF ARASH MORADZADEH, MD

Patient results may vary.

ASK HOW  
TO TONE  
UP WITH  
TRUFLEX

Ask your provider if  
truFlex is right for you or  
visit [yourtrubody.com](https://yourtrubody.com)  
for more information.

Model. Not actual patient.

### TRUFLEX:

Results and experience may vary.

### REFERENCES:

1. truFlex Clinical Guidelines, Cutera, Inc. 2. Nye R, Hoffmeister A. The process of muscle hypertrophy utilizing a novel bio-electrical muscle stimulation device [white paper, Cutera Inc.]. 1/2020. 3. Ronan SJ. A Novel Bio-Electric Current Stimulation Device For Improvement Of Muscle Tone [white paper, Cutera Inc.]. 7/2019. 4. Papp CJ. Advancement in total body sculpting solutions with truBody. Available from: <https://www.theaestheticguide.com/body-contouring/advancement-total-body-sculpting-solutions-trubody>. Accessed on Jun. 8, 2022. 5. Data on File. Cutera, Inc. 6. Demosthenous N. Aesthetics. 2020;7(12):36-37.

truBody® | truSculpt®  
truFlex™

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truFlex™



COUNT YOUR  
CRUNCHES BY  
THE THOUSANDS

Personalized muscle toning  
in as little as 15 minutes¹

Model. Not actual patient.



# TONE AND FIRM MUSCLE

Get ready to redefine how you achieve your goals. truFlex is a personalized muscle treatment that adjusts to your fitness level, shape and goals to strengthen, firm and tone your body by delivering the equivalent of 54,000 crunches in a single session!

Up to  
**30%<sup>3</sup>**  
increase in muscle mass

## WHY TRUFLEX?



Non-invasive, comfortable, with zero downtime<sup>1</sup>



Fast treatment sessions<sup>1</sup>



Isolate and target the areas you want to improve<sup>1</sup>



Treat multiple areas simultaneously<sup>1</sup>



Safe on all skin and body types<sup>1</sup>

## TRUFLEX

## DEFINE YOUR BODY AS YOU SEE FIT

truFlex is a unique muscle stimulation technology that features adjustable intensities to **get the look you desire.**<sup>1</sup> Your provider will customize placement of up to 16 handpieces, **targeting multiple small and large muscle groups.**<sup>1</sup>

### TARGET:



Abs



Obliques



Glutes



Thighs

Three treatment modes **simulate 5 intensified workouts** that are designed to create muscle confusion and eliminate the plateau effect.<sup>1,4</sup>

### PREP

Creates a twisting motion to warm up, stretch the muscles and slowly build a tolerance to muscle contractions.<sup>1</sup> Similar to pre-workout stretch to maximize results.

### TONE

Contracts the muscles, holds them to the point of exhaustion, and then allows the muscles to relax, increasing strength and enhancing endurance.<sup>1</sup> Similar to exercises that increase core strength and muscle endurance.

### SCULPT

Increases muscle mass by using fast, deep, sequential contractions of the muscles.<sup>1</sup> Similar to intense exercises that break down and build muscle fibers for increased mass.

## FAQs

### Am I a candidate for truFlex?

truFlex adjusts to your fitness level, shape and goals, so almost anyone can benefit from a treatment.<sup>1</sup> Unfortunately, those with pacemakers or other implanted metallic or electronic devices, epilepsy, cancerous lesions or recent surgical procedures cannot receive truFlex treatment.<sup>1</sup> During your consultation, your provider will discuss with you if you are a candidate based on goals, health and medical history.

### How many treatments are needed?

Up to 8 body areas can be treated at the same time.<sup>1</sup> Optimal results can be achieved in as few as 4 treatments.<sup>3,6</sup> Additional treatments may be required to achieve the personalized results you desire.

### What will treatment feel like?

As the treatment begins, patients feel a gentle contracting sensation, and, as the intensity slowly increases, the muscle contraction intensifies.<sup>1</sup>

### Is there really no downtime?

truFlex treatments are non-invasive, require no recovery time, and allow you to immediately return to normal activities after treatment.<sup>1</sup> You may notice slight tingling for up to a few hours.<sup>1</sup>

### When will I see results?

Optimal results are seen after 4-6 treatments.<sup>3</sup> To achieve your personal goals, additional treatments may be recommended.